NEWS

Winchester presented with award for excellence in employee wellness

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Elizabeth Berner, MIIA wellness representative, left, Michael Towne, human resources director; and Beata Malicka, human resources benefits coordinator with Winchester's award at Town Hall. COURTESY PHOTO/MIIA

The following was submitted by the Massachusetts Interlocal Insuran Association:

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The town of Winchester was presented with a FY2023 Excellence in Employee Engagement Award from the Massachusetts Interlocal Insurance Association (MIIA), the town's insurance provider.

The award was given in recognition of the town's overall excellence in wellness best practices, leadership support, creativity, innovation, and having an active wellness committee. The award was presented during MIIA's Annual Business Meeting held in Boston on January 20, 2024.

Since Winchester rejoined MIIA's Health Benefits Trust in fiscal 2023, employees have enthusiastically participated in a range of MIIA's Well Aware programs, including yoga, strength, stretch and balance, power conditioning, Zumba, Pilates, nutrition, and mindfulness classes. Additionally, the town offered an adult CPR class, sponsored a 10K-A-Day step challenge, and provided stress-relieving seated massages.

MIIA's wellness team commended Winchester's active wellness committee and employee Wellness Champion) for creating robust and diverse wellness offerings that support employees in reaching their health and wellness goals.

"The town of Winchester continues to be engaged and committed to the health and well-being of their employees," said Stanley Corcoran, executive vice president of MIIA. "Winchester provides an example for other towns and cities in the Commonwealth to follow as they look for practical ways to create a culture of health and wellness for employees."

The Massachusetts Interlocal Insurance Association (MIIA) is the non-profit insurance arm of the Massachusetts Municipal Association.

As a member-based organization, MIIA's sole focus is to provide excellent service and quality risk management and health insurance solut Massachusetts municipalities and related public entities.

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MIIA insures nearly 400 cities, towns, and other public entities in Massachusetts.

For more information, visit www.emiia.org and www.mma.org.

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Rep. Michael Day helps House colleagues pass sweeping energy affordability bill

The following was submitted by the Office of Rep. Michael S. Day: Rep. Michael S. Day and his colleagues in the House of Representatives recently passed energy affordability legislation that would result in over $9 billion in savings for utility ratepayers over the next 10 years. The bill maintains critical

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Winchester gun owners face new training rules starting April 2

Public safety data How Winchester compares on firearms licenses in comparable Massachusetts communities Active licenses as of Jan. 25, 2025 — Source: Massachusetts Criminal History Systems Board License to carry firearms Firearms identification card Winchester and Marblehead are the focus communities. Peers selected based on comparable population size, demographics and suburban

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Sen. Jason Lewis, Mass. Senate strengthen fair housing protections for renters, buyers

The following was submitted by the Office of Sen. Jason Lewis: State Sen. Jason Lewis joined his colleagues in the Massachusetts Senate to pass legislation that protects residents from discrimination in the housing market as the Trump administration abandons its enforcement of the federal Fair Housing Act. Illegal discrimination continues

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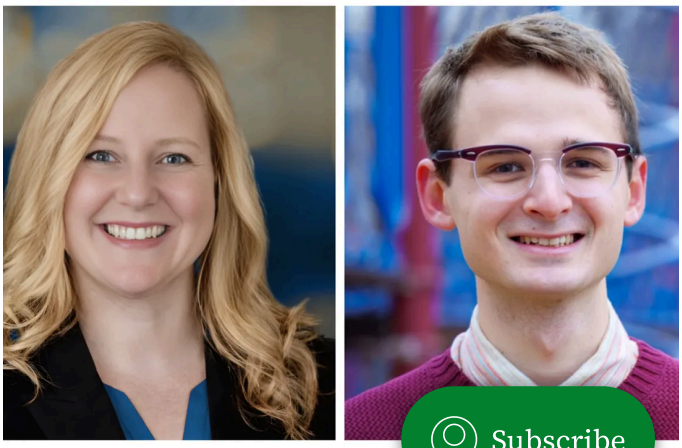

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Celebrate Women's History Month with Girls Leading Change

The following was submitted by the Network for Social Justice: To mark Women's History Month and International Women's Day in 2026, the Network for Social Justice is collaborating with club leaders from Winchester High School and members of the Community Health team from La Colaborativa in Chelsea and

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FEATURES

'Chicago: Teen Edition' dances onto the Winchester High School stage

By Talia Ho | Correspondent Fame. Fortune. And all that jazz. This spring, Winchester High School presents "Chicago: Teen Edition," a bold musical that explores celebrity culture, media manipulation, and the cost of ambition. This iconic production is set in the 1920s. Performances will take place on March 13 and 14

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Ripley Chapel in Winchester presents 'Syldason: You Are Welcome Here'

The following was submitted by the Ripley Chapel at First Congregational Church: On Friday, March 13, beginning at 7:30 p.m., live in-person and live streamed from the stunning Ripley Chapel at First Congregational Church, Winchester, 21 Church St., join in with Syldason, a duo concert featuring Sylvie Zakarian,

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